

Wellness Committee Meeting Minutes

10-7-11

Present: Scotti Hillard, Rick Steed, Rachel Humphrey, Amy Pifher, Brenda Tibbetts, Shawn Lybarger, Candi Smith, Debbie Asmus

We discussed Employee of the month awards. Based on staff feedback we will give 1 award per month a \$25 gift certificate. Scotti will purchase these.

We went over this month's nominations, including one from the end of the year last year and picked a winner for this month. Discussed process of handing them out during staff meeting. Brenda will announce this month. We will save all nomination for the Unsung Hero Award at the end of the school year. Front office staff will prepare the certificates. Shawn will talk to supervisory staff about sending in employee of the month nominations so it isn't so much like a popularity contest.

The committee is going to host a t-shirt contest. Shawn will prepare instructions and t-shirt outlines to be handed out at the Oct. staff meeting. T-shirts will be done through Prints Charming, we will give a choice of a polo shirt or regular t-shirt in black, red or blue. The logo will be white. We will post all entries and vote on them at the Nov. staff meeting.

Newsletter: With the addition of another front office staff member Candi believes she has time to do this. It will be put out quarterly. Everyone agreed to send items to Candi for the first one by Tue. 11th.
Debbie: health article, Shawn: T-shirt announcement; Rick: transportation article, Rachel-Recipe;
Inspirational thought: Brenda, Amy-activity idea.

Brenda let us know that she has information from the YMCA about their trial membership to hand out at the staff meeting.

Scotti brought up the idea of combining the tobacco cessation committee with the wellness committee. Wellness committee members agreed this made sense.

We will put out a survey for what folks want to do at the winter celebration for activity and food this staff meeting.

Shawn will e-mail supervisors about kudo pins and certificates to see if anyone has new ideas and make sure all are still participating.