

RSVP UCAN

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RSVP Volunteer Opportunities***Weekly Column Update***

For Immediate Release

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Sponsored By UCAN – United Community Action Network

Grants Pass, OR □ The Retired & Senior Volunteer Program matches the talents and experience of people aged 55 and older and channels them into meaningful volunteer work that supports public and nonprofit agencies, as well as health care facilities throughout Josephine County. Their lifetime of experience is building our community

Do your share, show you care. Donate winter items to increase the resources of those in need at the Make A Difference Day event on October 24th 10am until 1pm at the Coalition For Kids parking lot, 233 SE M St. On this day community partners will receive your donated goods as well as offer items to those in need. This “freecycle” activity is meant to embrace the neighborhood spirit of “giving what you can, take what you need” so we can all get through this wintry season with some comfort. UCAN, UCAN RSVP, Josephine County Food Bank, Coalition For Kids and Save A Child’s Life Foundation have teamed together to recruit donations of targeted items needed now: coats, blankets, sleeping bags, tents, backpacks and hygiene products. We are also looking for non perishable food items and crockpots to help families cook nutritious meals for low costs. All donated items must be in excellent working order, clean, smoke-free and ready to use, as we must protect the health and safety of the receiver of these items. If you are interested in donating or helping sponsor this event call 956-4472.

Medicare assistance at all-time high, and RSVP volunteers continue to stay committed to help those most in need, but as numbers grow, they need your help. SHIBA volunteers, Senior Health Insurance Benefits Assistance advocates spend time researching and training, and improve the lives of our community dealing with the impact on medically needy seniors and disabled. Become a SHIBA volunteer yourself, gaining knowledge that can continue to expand our services that are critical to community members. Training can be performed on-line, and once completed, you get to shadow with one of our seasoned volunteers to gain valuable experience in Medicare advocacy. Contact Program Joy Kilishek at 956-4472 as the need for this

type of helpful hand is reaching critical heights, and with Open Season for Medicare around the corner, we need you now.

SMART starts will begin shortly with school just around the corner school, and now is the time to join up to serve as a reading mentor and tutor throughout Three Rivers School District. Rogue Valley SMART, also known as Start Making A Reader Today, has several locations to choose from, and the sky is the limit on what you and these determined young children can achieve week to week. Teachers and students will be so pleased to have you become a part of their team, supporting reading in the classrooms and enjoying some quality time with their talented children. Start thinking now on how you can take an hour or so a week and make a commitment to one of the SMART schools by getting your referral now so you can be ready once training begins.

Happy meals, ready to go! All they need is you to come help out with the Food & Friends Program for Home Meal Delivery Drivers or with the Senior Dining Center. Active adults make a difference in the lives of the isolated by making sure they have a nutritional meal daily, and one day a week can make all the difference in ensuring enough support is available to make sure no one goes hungry. Please take a long look at your schedules and see if there is any room for a brief trip around town, once a week, to deliver a smile and some good food to an individual who wants to remain independent and healthy